


May- July 2019



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Date 3pm-5pm	Activity	Where and what you need to know/do
Mon 13 th May	Bingo	The Base
Mon 20 th May	Celebration of Florence Nightingales' bday with a quiz about nurses and the human body.	The Base
Mon 27 th May	Bank Holiday – No Y@H	
Mon 3 rd June	Painting Owl tea lights	The Base
Mon 10 th June	Amanda Bellia Fitness class	The Base - wear comfortable clothes and footwear. No cost!
Mon 17 th June	Father's Day – sharing memories of our fathers and important men in our lives.	The Base If you are able, bring a photo of your father to share with the group.
Mon 24 th June	 Y@H Bake Off	Bring a small cake (homemade or bought!) and we will all sample a small piece of each.
Mon 1 st July	Canada Day - a celebration of all things Canadian. A quiz and some food tasting.	The Base
Mon 8 th July	World Chocolate Day - Chocolate tasting!	The Base
Mon 15 th July	Wimbledon - Let's play some tennis and eat strawberries.	The Base
Mon 22 nd July	Summer BBQ	Claire's garden- ask and I will give you my address and directions. (It's easy to find!)